

*Learn how to protect yourself by scheduling a pre-travel consultation with a Travel Clinics of America physician.*

Geographic locations, climatic conditions, type of travel, and duration of the trip affect the need for prophylactic medication and vaccination.



*Learn more by visiting*

[www.TravelClinicsofAmerica.com](http://www.TravelClinicsofAmerica.com)

## Vaccine Information

*Proper immunization can prevent many travel-related diseases.*

### **Required Travel Vaccines**

Consult a Travel Clinics of America physician to determine if any vaccinations are required for your destination.

### **Recommended Travel Vaccines**

In addition to updating your routine immunizations, the following vaccinations may be recommended for your international travel:

- Hepatitis A
- Hepatitis B
- Yellow Fever
- Typhoid Fever
- Rabies
- Japanese Encephalitis

**Travel Clinics of America**  
Dedicated to Safe Travel



Schedule an Appointment

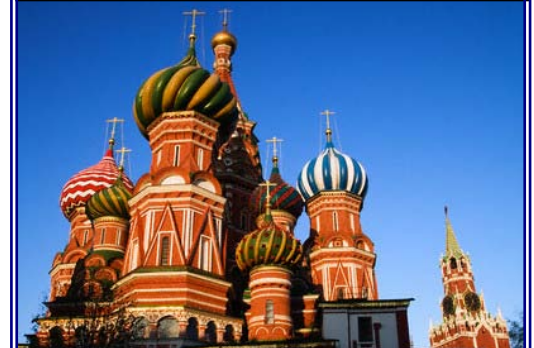
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# Traveling Internationally?



**Stay healthy!**



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## Travel Healthy

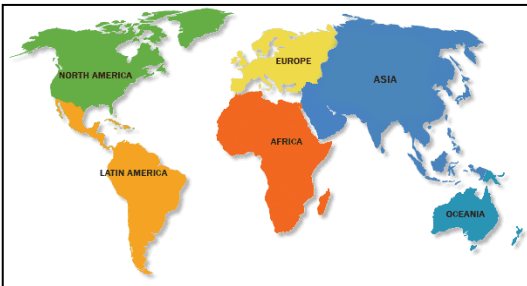
***Less than 40% of International Travelers are protected against potentially life-threatening diseases like hepatitis and malaria. Are you protected?***

### **Why are you traveling?**



- Vacation
- Business trip
- Study abroad
- Visit with friends or relatives
- Cruise
- Missionary or relief work
- Adventure

### **Where are you traveling?**



- Africa
- Asia
- Eastern Europe
- South America
- Central America

## Travel Smart

***Travel to Asia, Africa, Eastern Europe, Central and South America potentially exposes traveler to preventable, but deadly, diseases. Risks vary depending on the activities and length of stay.***

***To learn more, schedule a pre-travel consultation with a Travel Clinics of America physician:***

- Ideally, 4-6 weeks before your departure or,
- As soon as you plan your international trip

***During a visit, your Travel Clinics of America physician will:***

- Review ***your*** health history
- Review ***your*** immunization history
- Discuss health concerns for ***your*** planned destinations
- Prescribe medications specific to ***your*** health ***and your*** itinerary
- Offer and administer immunizations
- Issue the International Certificate of Vaccination (Yellow Card)

## Travel Clinics of America

***Travel Clinics of America physicians have a special interest and training in travel medicine.***

***Our doctors are CDC certified to administer yellow fever vaccine.***



***Travel Medicine services include:***

- Prescriptions to prevent and treat:
  - Malaria
  - Traveler's diarrhea
  - Insomnia
- Immunizations\*
- Education and advice
  - Disease avoidance
  - Travel supplies
  - Travel insurance
- Preparation for contingencies and emergencies.
- Country-specific information
- Pre-travel exams
- Post-travel evaluations
- Address of ***your*** concerns and questions

\*We carry all available vaccines